

Year 2 Art / Craft - Linked to World Weeks 'Sri Lanka'

Linked to 'World Weeks' and the country 'Sri Lanka' you might like to try out some of these activities:

- **Sri Lankan Mehndi/Mehandi**

(see attached resources below)

Mehndi (also called Mehendi) is the traditional art of painting the hands, feet or body with a paste made from the powdered, dried leaves of the henna plant). It stains a usually cherry-red to brown colour but this can vary with time left on and a range of other factors.

Have a go creating your own Mehndi pattern on the paper hand below using felt tips, crayons, paints or colouring pencils. If you want to create something authentic, make sure you use reds and browns.

- **Sri Lankan Vesak Lanterns**

Vesak festival: What is it and how do Buddhists celebrate Buddha Day or Wesak (Vesak)?

Watch this link on BBC Newsround. There is a video link and some information to read about this festival.

<https://www.bbc.co.uk/newsround/48106687>

Vesak is one of the most important Buddhist festivals. It is also known as Wesak or Buddha Day.

It is a celebration of Buddha's birthday and, for some Buddhists, marks his enlightenment (when he discovered life's meaning).

It is also a time to reflect on his teachings and what it means to be Buddhist.

There are some instructions on the Home / School Learning for how to make your very own Vesak Lantern.

- **Sri Lankan Elephants**

The Perehera Elephant Festival: The Esala Perahera in Kandy is celebrated to honour the Sacred Tooth Relic and the four 'guardian' Gods Natha, Vishnu, Kataragama and Goddess Pattini. This ritual is performed by carrying the sacred tooth relic of the Buddha through the streets of the Kandy city. The Perahera is the one place where you could witness the elephant march. A herd of about 10 to 12 elephants are decorated with colourful costumes. Also, one of the elephants carries the casket with the Buddha's tooth relic on its head.

Use the elephant template in the Home / School Learning folder to decorate and make your very own 3D elephant for the parade.

- **Lotus Flowers Art**

Blue Water Lily flowers or Lotus flowers are the National Flower of Sri Lanka. You could sketch and draw your own Lotus flower using this example below. They you can colour it in using watercolours, colouring pencils, wax crayons or felt tips.



- **Sri Lankan Masks (At home only)**

You will find a Powerpoint about Sri Lankan Masks. Work through this to create your own mask or indeed, come up with one of your own!



MAKE A SRI LANKAN MASK



SHIVA Charity

Plastic cup and paper Sri Lankan Mask



Hundreds of years ago Sri Lankans believed in demons (devils) that lived in the trees and in the mountains. The masks they made represented these, and are often used in drama and dance. Some masks were also used to "cure" the sick. The masks are very frightening and colourful, and many visitors to the island buy a mask for a souvenir.

In the class room a Sri Lankan mask can be made using white card, coloured paper, half a plastic cup (any colour), scissors, a good glue, and a black pen or board marker. This can be a primary or lower secondary project. Please read the instructions below, and make a mask to suit your own designs and ideas!

- **Buddhism Colouring Pages** There are a selection of colouring pages to choose from!

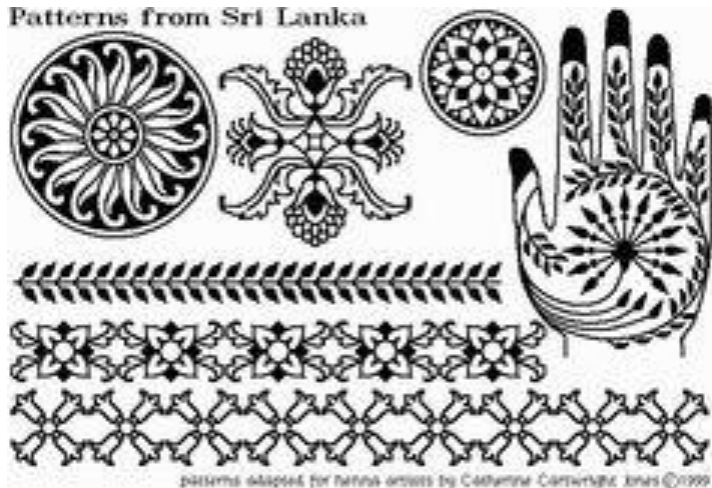
Sri Lanka





Sri Lankan Mehandi

Patterns from Sri Lanka



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