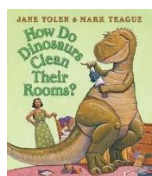


Year 2 PSHE (Personal Social Health Education) – Suggested activities for home

These stories, fun games and activities will encourage good manners, encourage turn taking as well as speaking & listening skills.

Story Time & Family Chat



Listen to the story 'How Do Dinosaurs Clean Their Rooms?'

<https://www.youtube.com/watch?v=sDuaK6l3tuA&safe=active>

Or you could pick a book that you have at home that is about good manners and make up your own questions about it.

Questions to answer:

What kinds of jobs did the dinosaurs do?

Do you think that they were being tidy?

Were you expecting them to have tidy bedrooms?

Do you keep your room tidy?

P4C topic for discussion: 'Is it best to do a bit of tidying every day or a big tidy each week?

Activity:

Draw or write a plan/timetable of when you will do your job(s) at home and make them happen just like the dinosaurs did!

The 'take it in turns' Obstacle Race

Rather than the usual race in teams try this one in pairs. If there are more than 2 people at home with you, split into teams.

First, set up your obstacle course indoors or outside e.g. 1. Toss and catch a sock in a frying pan 2. Balance a cushion on your head and take three steps forward 3. Put 1 piece of clothing on a cuddly toy 4. Hold one tin of beans or tomatoes etc above your head with arms stretched high for the count of three..... or have fun by making up one of your own!

Your partner starts first because you've said 'after you!', they start the first challenge and you the second and continue until the obstacle course is complete. Set a timer and challenge yourselves to get quicker each time or race against another pair if you have enough people with you at home.

Turn Taking Games

Play any games that you have at home e.g. Uno, Jenga, Pick Up Sticks - these encourage good listening and turn taking.

Another idea.....

Have a 'good manners' Tea Party



Plan your menu, make and send invitations to the members of your family at home with you plus teddies too and bake some goodies (with adult help). You could make decorations e.g. bunting or posters. Then set up using a rug, mat or material and plates, cups etc. Hand round the food and drinks using sentences like: 'Would you like some?', 'Can I get you some more?' They will use their best manners too!

Table Manners Poster

Draw a large plate, a cup/glass and a knife, fork and spoon on paper (or use the template on the school website). Draw and colour some food on the plate and a drink in your cup. Now write a list of the good manners needed while eating a meal, writing words or sentences around the edge of your plate and cup as well as on your cutlery.

Circle Time

Your child will be familiar with circle time in school and will know just how it's done! It is a really useful way of hearing everybody's opinion about a topic of conversation and it is a good way of finding out how they are/ feeling. Sit comfortably in a circle and pass an object around and choose a topic to discuss. The person holding the object can speak. Top tip, be prepared for the object to go right round the circle without anyone saying anything the first time - this happens a lot in school!