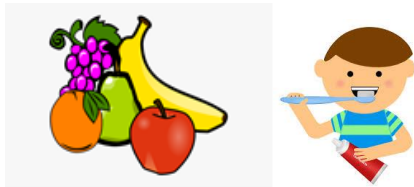


Health Week: How Can I Keep Myself Healthy?

Activities based on the interests of the children....

We will be learning about the importance of keeping ourselves fit and healthy



Our poem this week is called:
Breezy Weather

Breezy weather. Freezy weather.

When the leaves fall, we all fall together.

Breezy weather. Freezy weather.

When the wind blows, we huddle together.

We would love you to share these poems with your child each week.

We will be creating a healthy snack on a plate, in the shape of a face.



We will have fun making and completing obstacle courses during our outside play and practising our bat and ball skills.



We will continue to introduce Phonics by singing songs that help us to make sounds with our voices e.g. Hickory Dickory Dock - 'tick tock', Old MacDonald had a Farm - 'EE - I - EE - I - O'.



We will be reading
The Very Hungry Caterpillar by Eric Carle



In number we will be looking at and recognising groups of things and exploring rectangles. We will be recording numbers by making marks.

We will be starting to write the Long Ladder in the air, on the palm of our hands, on a friend's back, using chalks, water and brushes on the ground. Each time repeating the pattern 'Start at the top, go down the long ladder and flick at the end.'

