

<p><u>PE</u></p> <p>Skills & games to develop agility, balance and coordination using hockey sticks, racquets and balls.</p> <p>Yoga – breathing, balance & control as well as activities to improve core strength. Mindful minutes.</p> 	<p><u>ENGLISH</u></p> <p>Healthy eating & lifestyle sentences. Follow Instructions to make a healthy snack & writing related instructions. Note taking & labelling.</p> <p><u>HANDWRITING</u> Descender letters f, g, p, j, q, y</p> <p><u>READING/SPELLING</u> Reading books. High Frequency & Tricky words plus Year1 & Year 2 Common Exception words. Phonics games - blending to read & segmenting to spell using sounds taught.</p>	<p>Our focus in YEAR TWO this week is: <u>Health</u> We will be reading...</p>  <p>And many more!</p>	<p><u>MATHS</u></p> <p>Estimation. Addition through the use of...</p> <p>A number line to count forward one or more places</p> <p>A hundred square</p> <p>Dienes</p> <p>Numicon</p> <p>True/false games involving reasoning. Number word writing.</p>	<p><u>MUSIC</u></p> <p>Songs & rhymes about keeping healthy.</p> <p>Playing percussion instruments to accompany singing, following a rhythm.</p> <p>Winter songs.</p> 
<p><u>ART</u></p> <p>Creating eatwell plates using collage.</p> 	<p><u>PSHE/GROWTH MINDSET</u></p> <p>Thinking about the importance of having a healthy lifestyle – making good choices. Being kind to ourselves.</p> <p><u>P4C</u></p> <p>Healthy/unhealthy choice dilemmas – what would you do in this situation?</p> 	<p><u>TOPICS RELATED TO HEALTH</u></p> <p>Healthy choices Hygiene Exercise WOW initiative (walk/scoot/cycle/park & stride) Healthy eating Calming down/relaxation techniques Sharing worries Taking care of myself e.g. drinking water & good sleep Keeping my body well (Dr Ranj) Looking after my teeth Resilience</p>	<p><u>SCIENCE</u></p> <p>Naming the different food groups.</p> <p>What happens to our heart when we exercise? Making notes about how to stay healthy.</p> <p><u>D&T</u></p> <p>Planning, making and evaluating (after eating!) a healthy snack. Look out for details of recipes in the next newsletter.</p>	<p><u>FINE MOTOR</u></p> <p>Cutting activities. Funky Fingers Weaving & threading activities.</p>  <p><u>COMPUTING</u></p> <p>Using Purple Mash to play health related teaching games.</p>