**Question Of The Week: How can I keep myself healthy? WB:15.10.18**

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| We will be looking at information books about keeping healthy. | We will be reading stories about keeping healthy. | Every day we will be running for 5 minutes. |
| We will meet a paramedic who will talk to us. We will be able to ask lots of questions. | We will be making fruit kebabs. | We will meet a doctor who will talk to us about keeping well. |
| Early morning fitness session with Jodie Digby – all parents and children welcome – Tuesday 16th October, 8.30- 8.45 am in the main playground. | Please come to school every day in clothes that are suitable for exercise. | We will be talking about how to keep our teeth healthy and clean.  Image result for healthy teeth children |