

## **Growth Mindset**

During these unusual times of home learning the children are in a very different learning environment. They don't have their usual classroom support network of friends, peers, the teacher and teaching assistant to support them. Whilst learning at home with 1:1 support from a parent can be fantastic, it can also be very challenging for all involved. You may be finding your child more inclined to give up or lack the motivation to persevere. It might be helpful to remind them of our John Hampden School 'Great Learning Adventure'. At school, we remind the children that it is perfectly normal to find things difficult and that we can take a 'power boost' along the way (asking for help, trying another way, persevering when it is difficult, saying to yourself 'I can't do it yet'). We will all find things challenging along the way but this is an important part of learning and everyone finds things difficult to begin with. We are all on a learning adventure at the moment as we are all learning to cope with a new way of working and living.

It is important to praise the effort involved in achieving a result, not just the end result. Specific praise, rather than 'well done' or 'good boy/girl' is very powerful at boosting the child's confidence.

'Wow! You have tried so hard to keep your handwriting neat. Well done'

'I can see you have tried very hard to learn those spellings'

'That was a tricky piece of maths, but you stuck at it.'

'I am really impressed by how you persevered with.....'

There are some very useful video links below that are fantastic in supporting the concept of Growth Mindset.

**A series of short animations aimed at supporting the concept of Growth Mindset for young children.**

<https://www.youtube.com/watch?v=2zrtHt3bBmQ&safe=active>

<https://www.youtube.com/watch?v=EoWLgWCcpWo&safe=active>

<https://www.youtube.com/watch?v=OFKVoCuwl2s&safe=active>

<https://www.youtube.com/watch?v=HWr2gE5IIPc&safe=active>

<https://www.youtube.com/watch?v=BXYNOXSTaMg&safe=active>

**The Power of Yet- a Sesame Street song that the children are familiar with from assemblies.**

<https://www.youtube.com/watch?v=XLeUvZvuvAs&safe=active>