

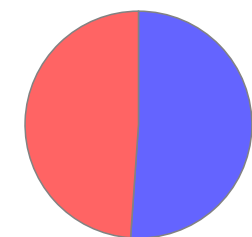


PUPIL WELLBEING

Pupil Wellbeing Survey -

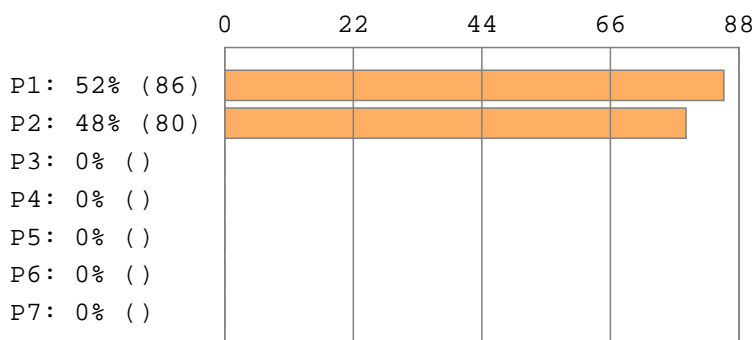
These are the views of 166 P3 - P7 pupils from a selected list of schools (list included at the end of report). Pupils were asked 30 questions which covered 4 key areas. These were self regard/confidence, coping skills/resilience, empathy/relationships and school ethos/culture. We will be using these results to encourage staff to reflect on areas for development as an integral part of our approach to Getting It Right For Every Child and developing the four capacities of the Curriculum For Excellence.

Gender



Male: 51% (85)
Female: 49% (81)

Class



This report gives you a percentage breakdown of your pupils answers.

This is an example and not about this school	Agreeing		Disagreeing	
	Yes Definitely	Yes most of the time	No only some of the time	No not really
I have breakfast before school	64%	20%	10%	6%

The answers can easily be turned into statements for a report by combining the percentages of the Yes answers (shaded white) and the No answers (shaded grey). For example: 84% of Example Primary School pupils agree that they enjoy being in school and 16% did not agree.

SELF REGARD & SELF CONFIDENCE	Agreeing		Disagreeing	
	Yes Definitely	Yes most of the time	No only some of the time	No not really
I am happy with who I am	72.3%	21.1%	2.4%	4.2%
I like playtimes	69.3%	21.1%	7.2%	2.4%
I think I have good ideas	35.5%	43.4%	15.7%	5.4%
I feel I have lots to be proud of	63.3%	23.5%	9.0%	4.2%
I think the way I behave affects what happens to me	65.7%	21.7%	3.0%	9.6%
I keep my feelings to myself	51.2%	25.9%	12.7%	10.2%
I am easily hurt by what others say about me	48.2%	24.7%	18.1%	9.0%

Health and Well-being Outcomes which link to the statements above include (but are not limited to):

> I am aware of and able to express my feelings and am developing the ability to talk about them.

HWB 0-01a / HWB 1-01a / HWB 2-01a / HWB 3-01a / HWB 4-01a

> I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my own behaviour and the way others behave.

HWB 0-04a / HWB 1-04a / HWB 2-04a / HWB 3-04a / HWB 4-04a

ALL -

PROMOTING RESILIENCE & PERSONAL COPING SKILLS	Agreeing		Disagreeing	
	Yes Definitely	Yes most of the time	No only some of the time	No not really
I can choose how I behave	56.0%	21.1%	9.0%	13.9%
I can calm myself down quickly after getting angry	34.9%	33.7%	16.9%	14.5%
I would talk to an adult if I was very upset	75.3%	16.3%	4.8%	3.6%
I can usually work out a way to deal with problems	38.6%	41.0%	15.1%	5.4%
Even if I find something hard, I keep trying	74.1%	18.7%	2.4%	4.8%
I try to learn from my mistakes	69.9%	24.7%	1.8%	3.6%
I can ask for help when I need it	74.1%	18.1%	4.8%	3.0%

The statements above could be linked to the following Health and Well-being Outcomes:

> I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.

HWB 0-02a / HWB 1-02a / HWB 2-02a / HWB 3-02a / HWB 4-02a

> I understand the importance of mental wellbeing and that this can be fostered and strengthened through personal coping skills and positive relationships. I know that it is not always possible to enjoy good mental health and that if this happens there is support available.

HWB 0-06a / HWB 1-06a / HWB 2-06a / HWB 3-06a / HWB 4-06a

> I am learning skills and strategies which will support me in challenging times, particularly in relation to change and loss.

HWB 0-07a / HWB 1-07a / HWB 2-07a / HWB 3-07a / HWB 4-07a

ALL -

POSITIVE RESPECTFUL RELATIONSHIPS & EMPATHY WITH OTHERS	Agreeing		Disagreeing	
	Yes Definitely	Yes most of the time	No only some of the time	No not really
Children in this school are kind to each other	41.6%	38.6%	10.8%	9.0%
I try to help others when things are hard for them	66.9%	22.9%	4.8%	5.4%
I laugh at other people when they get into trouble or get hurt	5.4%	3.6%	5.4%	85.5%
I have some good friends at school	82.5%	10.2%	3.6%	3.6%
I find it easy to make up with people after falling out	44.6%	30.1%	14.5%	10.8%
People listen to what I have to say	42.2%	36.7%	10.8%	10.2%
I treat others the way I like to be treated	69.9%	18.1%	6.0%	6.0%

Health and Well-being Outcomes which link to the statements above include (but are not limited to):

> I know that friendship, caring, sharing, fairness, equality and love are important in building positive relationships. As I develop and value relationships, I care and show respect for myself and others.

HWB 0-05a / HWB 1-05a / HWB 2-05a / HWB 3-05a / HWB 4-05a

> I understand that people can feel alone and can be misunderstood and left out by others. I am learning how to give appropriate support.

HWB 0-08a / HWB 1-08a / HWB 2-08a / HWB 3-08a / HWB 4-08a

ALL -

SAFE, CARING, SUPPORTIVE LEARNING ENVIRONMENT	Agreeing		Disagreeing	
	Yes Definitely	Yes most of the time	No only some of the time	No not really
I think my teacher cares about me	84.9%	9.0%	2.4%	3.6%
Adults in our school treat everyone fairly	83.1%	10.8%	1.8%	4.2%
Adults in our school set a good example	84.9%	10.2%	3.0%	1.8%
I feel safe at school	67.5%	20.5%	7.8%	4.2%
Teachers notice when I do things well	65.7%	27.1%	5.4%	1.8%
I enjoy being in school	59.0%	30.1%	4.8%	6.0%
I find it easy to complete school work by myself	42.8%	36.7%	15.7%	4.8%
My teacher talks with me about how I can make my work better	65.1%	18.7%	10.2%	6.0%
I am encouraged to take part in after school activities	64.5%	16.9%	7.2%	11.4%

Health and Well-being Outcomes which link to the statements above include (but are not limited to):

> I understand that there are people I can talk to and that there are a number of ways in which I can gain access to practical and emotional support to help me and others in a range of circumstances.

HWB 0-03a / HWB 1-03a / HWB 2-03a / HWB 3-03a / HWB 4-03a

> I know that friendship, caring, sharing, fairness, equality and love are important in building positive relationships. As I develop and value relationships, I care and show respect for myself and others.

HWB 0-05a / HWB 1-05a / HWB 2-05a / HWB 3-05a / HWB 4-05a

> I understand the importance of mental wellbeing and that this can be fostered and strengthened through personal coping skills and positive relationships. I know that it is not always possible to enjoy good mental health and that if this happens there is support available.

HWB 0-06a / HWB 1-06a / HWB 2-06a / HWB 3-06a / HWB 4-06a

Pupil Wellbeing Survey - September 2014

ALL -

Amalgamated Schools

The John Hampden School